



Birthday Party Information

Thank you for booking your child's birthday party at Altadore Gymnastic Club!

Party Format

- Parties include 1 hour of instructed gymnastics by a certified Altadore coach.
- Instruction in the gym will include various gymnastics apparatus including but not limited to: the balance beams, tumbling floor, bars, bounce house, rings, pommel horse, vault and the foam pit. Trampolines are off limits due to Insurance regulations.
- After the hour in the gym you will then proceed to the party room for 45 minutes of time designated for cake, presents, and other party activities. This time is supervised by the parent(s) of the birthday child. Please note – the Birthday room is NOT available for decorating before the scheduled party time begins. Parents can decorate the room while the children are in the gym, not before.

What We Provide

- Certified Coaches - 1 coach for every 8 children.
- Party Room with table, chairs, fridge, freezer, and microwave.

What You Provide

- A guest list with all the participant's names by the date of the party. This is for insurance purposes. If the list is not provided by the party date, the kids will not be able to enter the gym. **EVERY CHILD ALSO NEEDS A WAIVER FILLED OUT (found on Website).**
- The party accessories such as food, cake, dishes, utensils, decorations, and candles & lighter are NOT provided by AGC.
- We allow for party decorations in the party room such as table cloths, balloons, birthday signs, etc. We do request that they be kept to a reasonable amount as it takes longer to set up and take down which can interfere with party transition periods.
- **Please note** – the Birthday room is NOT available for decorating before the scheduled party time begins. Parents can decorate the room while the children are in the gym, not before.

Helpful Hints for Parents

- Appropriate gym attire; shorts, sweatpants, t-shirts, sweatshirt, even a bodysuit. No dresses, tights, or jewelry and long hair must be tied back. We also highly recommend bare feet while in the gym on the equipment.
- A guest list will need to be provided by the date of the party. Any children **NOT** on the guest list will not be allowed admittance to the gym with absolutely no exceptions.
- Parents are **not** permitted in the gymnastics area unless directly supervising a child aged 2-3 years. Children 3 & under **MUST** have a parent with them on the floor, and that parent must also sign a waiver. We ask for these parents to please be ready and willing to participate. Parents are not permitted on the gymnastics equipment at any time. Parents of children 4 years and up are asked to watch from the viewing area.
- All cameras must have the flash turned off due to safety reasons.

After the party

- Please give the counters, tables, chairs, microwave (if used) a wipe down and sweep the floor.
- Please leave the party room as you found it. Cleaning supplies will be available to ensure proper clean-up. An additional \$30 cleaning fee will be charged if the room is left unclean.

Refund Policy

- If a party is cancelled 2 weeks or more before the booked date 80% of the \$210 deposit will be refunded. If a party is cancelled within 2 weeks of the booked date no refund will be given.
- If you would like to increase your party size the gym must be contacted within two weeks of party date. This allows us to plan coaches accordingly.
- Downsizing of parties is unavailable due to having coaches scheduled in advance.

Payment Process

- We require a \$210 deposit at the time of booking. The remaining balance will be charged to your credit card on file after the party, when we have the final guest list submitted.

If you have any further questions, please do not hesitate to call the gym at (403) 720-2711

Have a great party!

