



Birthday Party Information

Thank you for booking your child's birthday party at Altadore Gymnastic Club!

Party Format

- Parties include 1 hour of instructed gymnastics by a certified Altadore coach. There is a maximum of 16 children per party. If you would like to arrange a larger party, please email admin@altadoregym.com.
- Instruction in the gym will include various gymnastics apparatus including but not limited to: the balance beams, tumbling floor, bars, bounce house, rings, pommel horse, vault and the foam pit. Trampolines are off limits due to Insurance regulations.
- After the hour in the gym you will then proceed to the party room for 45 minutes of time designated for cake, presents, and other party activities. This time is supervised by the parent(s) of the birthday child. Please note – the Birthday room is NOT available for decorating before the scheduled party time begins. Parents can decorate the room while the children are in the gym, not before.

What We Provide

- Certified Coaches - 1 coach for every 8-12 children.
- Party Room with table, chairs, fridge, freezer, and microwave.

What You Provide

- A guest list with all the participant's names on the date of the party. This is for insurance purposes. If the list is not provided by the kids will not be able to enter the gym. **EVERY CHILD ALSO NEEDS A WAIVER FILLED OUT (found on Website)**. 16 children is the maximum and additional children will not be allowed into the gym unless arrangements have been made prior to the party date.
- The party accessories such as food, cake, dishes, utensils, decorations, and candles & lighter are NOT provided by AGC.
- We allow for party decorations in the party room such as table cloths, balloons, birthday signs, etc. We do request that they be kept to a reasonable amount as it takes longer to set up and take down which can interfere with party transition periods.
- **Please note** – the Birthday room is NOT available for decorating before the scheduled party time begins. Parents can decorate the room while the children are in the gym, not before.

Helpful Hints for Parents

- Appropriate gym attire; shorts, sweatpants, t-shirts, sweatshirt, even a bodysuit. No dresses, tights, or jewelry and long hair must be tied back. We also highly recommend bare feet while in the gym on the equipment.
- A guest list will need to be provided by the date of the party. Any children **NOT** on the guest list will not be allowed admittance to the gym with absolutely no exceptions.
- Parents are **not** permitted in the gymnastics area unless directly supervising a child aged 2-3 years. Children 3 & under **MUST** have a parent with them on the floor, and that parent must also sign a waiver. We ask for these parents to please be ready and willing to participate. Parents are not permitted on the gymnastics equipment at any time. Parents of children 4 years and up are asked to watch from the viewing area.
- All cameras must have the flash turned off due to safety reasons.

After the party

- Please give the counters, tables, chairs, microwave (if used) a wipe down and sweep the floor.
- Please leave the party room as you found it. Cleaning supplies will be available to ensure proper clean-up. An additional \$30 cleaning fee will be charged if the room is left unclean.
- Room must be empty at the scheduled time. If you are late leaving the room, you will be charged an additional \$30.

Refund Policy

- If a party is cancelled 2 weeks or more before the booked date it will be refunded. If a party is cancelled within 2 weeks of the booked date no refund will be given. Please ensure you are sure of your date before you book!

Payment Process

- We require the party be paid in full at the time of booking.

If you have any further questions, please do not hesitate to call the gym at (403) 720-2711

Have a great party!

